



PERSONAL PROFILE

I'm licensed strength and conditioning coach. Very hardworking, trustworthy and ambitious. Highly motivated in helping athletes perform better and stronger. Committed to deliver strength and conditioning programs specialized for each sports and athletes physical and personal needs.

ACHIEVEMENTS

- Part of Croatian football Federation project: "Tracking and controlling conditioning state of national players in all selections"
- Certified lifeguard since 2013

CONTACT DETAILS

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Address: Hrsta 7A, 51260 Crikvenica, Croatia

Date and place of birth : 07.12.1993., Rijeka, Croatia

ADDITIONAL INFORMATION

- Languages: Croatian (native), English (fluent), German (good understanding)
- MS Office (MS Word, MS Excel, MS PowerPoint)
- Driving licence category B and category A1

LEO MIŠKOVIĆ

STRENGTH AND CONDITIONING COACH

WORK EXPERIENCE

- Strength and conditioning coach for School of Football (NK DINAMO, NK OSIJEK)
- Strength and conditioning coach for DINAMO ZAGREB (Women's team)
- Worked with national U14 football selection with Zlatko Stanković
- Worked as strength and conditioning coach for NK Nehaj with Dario Dabac who works now as a sport director of NK Istra
- Working with athletes in helping them achieve their goals on national, european and world level, such as: SEBASTIJAN ANTIĆ (Football, AFC winner AL QUWA AL JAWIYA), ENNIO TRAVAGLIA (Football, NK Rijeka), LORENZO TRAVAGLIA (Football, NK Istra) FRAN PILEPIĆ (Basketball, he played in EuroLeague his whole career, currently plays in Lithuania, member of Croatian National team), URSULA BALAS (Croatian National sailing team, 1st place Croatian Championship U19 and U21 in Laser Radial , two time in top 10 in world championship, two time medal winner in european championship), NIKA MANESTAR (Croatian National sailing team, 2nd place Croatian Championship in U19 and U21, 6-th place in world championship in Laser 4.7. in Canada), MARKO SMOLIC (Europa cup Laser Standard champion 2019.) ROKO COPIC (Europa cup Laser Radial Champion) MATIJA CAR (Handball, Gold medal European championship in Azerbaijan,
- Working with DRCS SWISS SAILING TEAM, JD VAL CRIKVENICA, JK VAL SIBENIK
- I also have a lot of experience in working with injured athletes, especially knee injuries (24 ACL-s)
- Worked as manager of fitness center at "Novi Spa Hotels & Resort"
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EDUCATION

- Baccalaureus of Kinesiology, Faculty of Kinesiology, University of Zagreb, Croatia, Specialization: Strength and Conditioning Coach
- High School "Dr. Antun Barac"
- Lifeguard Certification by Croatian Red Cross
- Sport massage at Uciliste Lovran
- Sport Management at Aspira Zagreb